

# Allerkur

TO PROMOTE THE WELLNESS OF THE UPPER RESPIRATORY TRACT



is a food supplement of vegetal extracts of Black currant, Long pepper and Perilla. Black currant is useful for the wellbeing of nose and throat, Perilla supports the natural body defenses. Long pepper has a tonic-adaptogen action, helpful to give support when needed.

## Functional ingredients:

Black Currant, Perilla, Long Pepper (Piper longum).

## How to use:

1 tablets in the morning, 1 in the evening, before eating, with a glass of water.

## Pack:

40 tablets

## NUTRITIONAL FACTS

Ingredients	Per dose (2 tablets)
Black currant d.e.	160 mg
Black currant g.m.	160 mg
Perilla d.e. 2,5%	40 mg
Long Pepper d.e. 95%	20 mg