# Ipericumbest

# FOR A REGULAR MOOD



is a food supplement of St John's wort, Siberian Ginseng and Magnesium. St John's wort supports normal mood, relaxation and mental well-being, while Siberian Ginseng has a useful tonic-adaptogenic action. Finally, Magnesium contributes to the normal psychological function.

# **Functional ingredients:**

St John's wort, Magnesium, Siberian Ginseng.

## How to use:

1 tablet a day preferably in the morning.

## Pack:

15%

30 tablets

NUTRITIONAL FACTS			
gredients	Per dose	(1 tab)	DRV%*
John's wort de	e tit 0.3% 23	30 ma	

of which hypericin 0,7 mg
Siberian ginseng d.e. 100 mg
Magnesium 56,7 mg



<sup>\*</sup>DRV= Dietary Reference Value.