Mpm primimesi

TO CONTRIBUTE TO MATERNAL TISSUE GROWTH DURING PREGNANCY



is a food supplement of vitamins and Magnesium, with Omega 3 and 6 from Fish and Borage oils. It is suggested in case of deficiency or increased nutritional needs of those ingredients.

Folate contributes to maternal tissue growth during pregnancy. Vitamin B6 contributes to the regulation of hormonal activity. Borage promotes integrity and functioning of cell membranes.

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
Vitamin C	120 mg	150%
Vitamin B3	18 mg	112,5%
Vitamin E	12 mg	100%
Lipoic acid	10 mg	-
Vitamin B6	3 mg	214,3%
Beta-carotene	1,5 mg	31,25 %
Folic acid	400 mcg	200%
Vitamin D3	5 mcg (200 IU)	100%
Magnesium	104 mg	27,7%
Fish oil pwd.	40 mg	-
of which omega-3	3,6 mg	-
Borage oil pwd.	20 mg	-
of which omega 6	5 (GLA) 1,5 mg	-

^{*}DRV= Dietary Reference Value.

Functional ingredients:

Vitamins, Magnesium, Lipoic Acid, Beta-Carotene, Fish Oil, Borage Oil.

How to use:

1 tablet a day, swallowed with water or other beverages.

Pack:

30 tablets

